



MEDITOLOGY SERVICES

Stay Ahead of the Game:

Partner with Meditology for Comprehensive Healthcare Cybersecurity and Compliance Solutions

In healthcare, steering through the complexities of cybersecurity necessitates more than a generic approach or an industry-neutral perspective. It demands an in-depth comprehension of operations, threats, realities, and regulations specific to healthcare. Above all, it calls for recognizing that cybersecurity is not a destination but an ongoing journey—one that commences right where you stand.

Meditology Services is a leading provider of risk management, cybersecurity, and regulatory compliance consulting services that is exclusively focused on serving the healthcare community. More than a provider of services, Meditology is a strategic partner committed to providing our clients actionable solutions to achieve their most pressing objectives. With experience serving healthcare organizations ranging in size, structure, and operational complexity, we uniquely understand the challenges our clients face every day and dedicate ourselves to helping solve them.

What can our partnership help you achieve?

- **What are my top risks?**
- **How secure and compliant is my organization?**
- **Where is my organization vulnerable?**
- **How can I address third-party risk?**
- **How can I maintain and enhance my cyber security posture over time?**
- **How can I expand my perspective with an objective point of view?**

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We understand the questions that keep you up at night.

Allow us to assist you in unraveling the answers to your most pressing questions.



What are my top risks?

As an organization operating within the healthcare sector—be it a provider, payer, or business associate—you are obligated to adhere to the Security Rule requirement under HIPAA, necessitating the regular conduct of a risk analysis. To assist you in this critical task, we offer risk assessment options designed to ensure your ongoing HIPAA compliance. Our risk assessments help you identify and mitigate potential threats. They also help you identify and preemptively address risks to patient data before they evolve into costly incidents. Take the first step towards strong cybersecurity with us and experience the peace of mind that comes with comprehensive risk management.

Our risk assessment solutions include:

- **Security Risk Assessments (SRA) using industry standards (e.g., NIST CSF, NIST 800-53, etc.)**
- **SRA combined with HITRUST or SOC 2**
- **Due Diligence and Mergers and Acquisitions Assessments**
- **Privacy Risk Assessments**
- **Risk management program and strategy development (e.g., ongoing monitoring of risk, risk metrics, etc.)**



How secure and compliant is my organization?

Third-party attestations demonstrate that your organization has implemented effective controls to safeguard the security and privacy of sensitive data. HITRUST utilizes the Common Security Framework (CSF) to assess compliance with security regulations. SOC 2 utilizes the AICPA Trust Service Criteria (TSC) to assess the design and operating effectiveness of controls related to security, availability, processing integrity, confidentiality, and/or privacy.

The primary distinction between HITRUST and SOC 2 is that HITRUST is a certification, whereas SOC 2 is an attestation report. HITRUST certification is based on a standardized and prescriptive set of controls tailored to an organization's specific risk factors. SOC 2 reports offer more flexibility, allowing organizations to design and implement their own controls based on relevant TSC.

Our third-party attestation solutions include:

- **(e1, i1, r2) HITRUST Certification**
- **HITRUST Readiness Assessments**
- **Remediation Services to prepare for HITRUST Certification**
- **SOC 2 Type 1 and Type 2 Attestations**



Where is my organization vulnerable?

In the ever-changing and challenging landscape of healthcare cybersecurity threats, CISOs and cybersecurity leaders often find it difficult to stay ahead. At Meditology, we provide a comprehensive range of testing services that enable organizations to identify vulnerabilities in their IT environment. Our tests are specifically tailored to the high-stakes and 100% uptime demands of the healthcare IT environment.

With Meditology, you can ensure the utmost security and protection for your healthcare organization's IT infrastructure.

Our cybersecurity testing solutions include:

- **Penetration and technical testing**
- **Vulnerability management**
- **Cloud security testing**
- **Medical device and IoT security testing**
- **Incident response testing**

How can I address third-party risk?

In the ever-expanding healthcare vendor landscape, nearly half of breaches originate from business associates. However, existing third-party risk management (TPRM) solutions face challenges in terms of scalability and sustainability. At Meditology, we specialize in designing TPRM solutions that align with your organization's strategical goals.

Introducing CORL, our sister company, which offers a service-centered solution that combines technology and services to revolutionize TPRM models for providers and vendors. The best part? CORL's service-centered approach can be customized to suit your specific objectives and realities.

With our expertise and innovative solutions, we can help you effectively address third-party risk while ensuring the security and integrity of your organization.

Our TPRM solutions include:

- **Third-party vendor risk management program development**
- **Third-party vendor risk management strategy**

TPRM services are powered by CORL, our sister company

- **Vendor response validation**
- **Vendor risk measurement and reporting**
- **Third-party incident response**
- **TPRM managed services**

How can I maintain and enhance my cyber security posture over time?

With the ever-evolving threats and technological advancements, it is common for organizations to adopt a "set and forget" approach due to limited resources. However, RITHM™ (acronym for **R**isk **M**anagement for **I**nformation **T**echnology in **H**ealthcare powered by Meditology), a healthcare-focused subscription-based IT risk management program, offers a solution. It provides core risk and compliance services with a predictable spend, allowing organizations to establish a consistent cybersecurity cadence. By emphasizing the importance of this rhythm, RITHM™ brings transparency and valuable insights to key stakeholders, ensuring unprecedented peace of mind.

Our RITHM subscription includes:

- **Core risk and compliance services**
- **Three subscription levels, tailored to your needs**
- **Predictable, subscription-based pricing**
- **Exclusive discounts for add on services**

How can I expand my perspective with an objective point of view?

In the face of formidable threats and board-level requirements, CISOs often find themselves engaged in a relentless battle, feeling like they're fighting alone. At Meditology, we offer a range of solutions to help alleviate this burden and provide valuable support. Our virtual CISO services, specialized staff augmentation for the healthcare industry, and more can deepen leadership's perspective and increase resources, all without excessive overhead. With our assistance, organizations can efficiently prioritize and achieve their most critical cybersecurity goals.

By partnering with Meditology, you can expand your perspective with an objective point of view while benefiting from our expertise and tailored solutions.

Our cybersecurity partnership solutions include:

- **Virtual CISO / CISO coaching**
- **Virtual privacy officer**
- **Staff augmentation**
- **Board presentation support**
- **And more...**



Here's what we've helped our clients achieve

"The expertise was amazing. They understood our language and how to incorporate our technology footprint. Amazing team that brought a lot of value – we need to continue to use the Meditology team. It's a great partnership."

— CIO, Data-driven technology to maximize outcomes for healthcare systems

"I felt a strong sense of partnership right from the beginning. Meditology is competent and knowledgeable about who we are and how we are trying to achieve our HITRUST certification goals, and that's a big part of success."

— CISO, One of the nation's largest healthcare providers

Ready to take the next step?

Visit **meditologyservices.com**
to learn more and contact our team.

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